

Sharing the Caring—Service Dollars at Work



Tom Vander Zouwen, by his own admission, is atypical of most executive directors of non-profit agencies. Currently the Director of Caregiving Network, Tom shared his life's journey and his passion for compassion with the Zonta Club of Midland at the January 22d dinner meeting.

Introduced by his wife and Zonta member, Jill, Pastor Vander Zouwen began by telling the audience the winding path he traveled to become director. Originally working as a pastor with the Caregiving Network ministry, his 20-year battle with clinical depression led to him walking away from church and faith in God. Now taking 7 medications daily, he was drawn back into faith because he loves helping people find a home where they belong. About 50% of Caregiving Network clients live

with mental illness and have dropped out of church. "I can relate," said Tom.

He was doing car painting jobs when he was asked to interview for the director position. Tom said he was "not dressed for success" when he showed up with 18" long hair, long beard, and sloppy, paint-spattered clothes. He had no budgeting or finance experience, but he did have a passion for helping people while maintaining their dignity.

Tom explained that Caregiving Network provides emergency-level needs for people at or below the poverty level. 10% of Midland County residents are living under the poverty level of \$10,400/year for an individual or \$22,400 for a family of 4. These people are in abject poverty and are not able to meet their own basic needs. Using the Zonta prayer's reference to "justice", Tom explained that it doesn't mean equal distribution, but it does mean that people get basic needs met.

Transportation is a major issue, so gas cards are provided to those in need. A lot of Consumer Energy requests come in at this time of year. Midland County is fortunate to have 9 major food pantries throughout the county to help in emergencies.

The majority of those in poverty are single women with children. That demographic has the highest potential to fall into poverty when a husband/father leaves. In addition, Tom said that there's a significant number of people in poverty who also have mental and/or physical disabilities.

"My job is to be an advocate for those living in poverty," Tom said. He added, "Everyone is driven by faith-based beliefs, even atheists." The Caregiving Network's motto is: "Treat everyone who comes in as if they were Jesus." (continued on Page 4)

Inside this issue:

Workout ZING	2
Clipper Club	2
New Members Inducted & Highlighted	3
Caregiving Network Programs	4
YWCA Award Winner	6
Dessert Party	6
Auction News	7
Dinner Dance	7
Future ZINGS	8
Intercity Dinner	9
Minutes	10
Calendars	12



JANUARY 2013

Surprise Fitness ZING!



Nan leading the way.

At a ZING coordinated by Lisa Hulbert, several Zontians surprised Nan Blasy at her Reaction Fitness class on Wednesday, January 30th. Nan put them through their paces and didn't laugh too hard at their attempts to keep up. After an hour of weights, abdominal curls, pushups, and some very funky dancing, everyone felt better and went home with a smile and maybe a resolution to continue with a fitness program.



Lisa Hulbert perfecting the paddle step.

Check it out on Mondays and Wednesdays at 6 pm.



Carol Arnosky, Nan Blasy, Lisa Hulbert, Colette St. Louis, Cinthia Brooks, Maria Cohoon, Lisa Miner, and Michele Atwell.





The Rockettes have nothing to worry about!



The President's Message will return in the next issue.

Join the Clipper Club

The Archives Committee asks every member to be alert for articles and pictures about the Zonta Club of Midland in newspapers, magazines, and on the internet. Clip them out and turn over to the committee to update and maintain our Zonta history library.

The PR Committee will accept members' articles (with accompanying photos, if applicable) for publication in this newsletter. Articles will be edited for content and compatibility with Zonta Club goals. Please submit your articles in Word format, pictures in jpg format, or flyers and brochures as PDFs to: Colette St. Louis at Colette51@charter.net.

This newsletter is published by the Zonta Club of Midland PR Committee, edited by Colette St. Louis.

;************************

New Members Inducted and Highlighted



From left to right: Denise Avery, Jenny Kendrick, Karla Oldenberg, Penny Yost, Susan Hammer, Carol Arnosky, Jennifer Parks, Kathy Swarthout. Missing from the photo are Janine Ouderkirk and Patti Tuma.

The January business meeting welcomed ten new members to the club. In the interest of time, Sharon Mortensen, Membership Chair, gave brief introductions of each new member and announced her sponsor. After reciting the pledge, the new members received their pins and yellow roses. The usual Zonta logo explanation was postponed until the orientation meeting at Nancy Barker's house on January 14.

The following short bios provide a glimpse of our newest members. Our club is richer for their participation. Welcome!



In addition to working for Wolverine Bank as a Senior Deposit Manager, Denise Avery and her husband Mike are private business owners of a television and radio production company, Avery Outdoor Enterprises. They have 3 children and 4 grandchildren. Denise has a passion for the arts and considers herself a very active arts advocate. She has served in various capacities within local arts organization boards and currently serves as board treasurer for the Bay Music Scholarship Foundation Board, and is on the Finance Committee for Bay City Players Community Theatre.



Jenny Kendrick is a community activist and has been on the Board of Personal Assistance Options (PAO) for three years. PAO helps people with physical and mental disabilities live independent lives by tailoring services to meet their needs. Jenny has been a Philanthropic Educational Organization (PEO) Sister for four years. It's an organization whose goal is to promote educational opportunities for women through loans and scholarships. Jenny is also a 100-Club member and a backstage and admin volunteer at MCFTA. She and her husband have a Little Sister through Big Brothers and Big Sisters, participated in the Handa Sister City Student Exchange this past summer, and will host a Rotary Exchange Student. They have two adult children and one granddaughter, who is the love of their lives, as well as three rescue dogs, two with special needs.



Karla Oldenburg is a CPA and an Advanced QuickBooks ProAdvisor at Yeo & Yeo CPAs & Business Consultants where she has worked for 11 years. She holds a Master's Degree in Consulting from CMU and a Bachelor's Degree in Accounting from Northwood University. Karla enjoys restoring and improving the Saginaw farmhouse she lives in. In fact, she is the fifth generation to live there. Karla is heavily involved in the community through the Noon Exchange Club of Midland, the S.O.S. (Stray or Stranded) Animal Rescue, the American Business Women's Association, Junior Achievement, Leadership Midland, Molitor International 1000 Leaders, Women in Leadership Inforum Great Lakes Bay Region, Midland Chamber's Tuesday Noon Round Table, and United Way.



Born and raised in the Tawas area, Penny Yost moved to Midland in 2000. She ended up in Midland because it was the only place she could find a place to rent that would accept her Golden Retriever. Penny held several different customer service roles in the healthcare field for many years, but with the end of her last pharmaceutical sales job she decided on a career change. She's been in real estate for over a year and is loving every minute of it. She has a husband of 11 years and a daughter who is 9. Penny's hobbies revolve around working with the animal rescue group Great Lakes Bay Animal Society, to which she donates part of her commission checks.

Caregiving Network (continued from Page 1)

Clients who come into Caregiving Network are called friends. Hospitality is extended and coffee is offered. "We have the best coffee in town," bragged Tom.

Caregiving Network PROGRAMS

- 1. Food & Personal Care Items Pantry
- 2. Clothing Pantry
- 3. Household Essentials Pantry
- 4. Diaper Pantry
- Gas Cards for transportation to <u>medical appointments</u> or to <u>place of employment before receiving 1st paycheck.</u>
- 6. Care Fund (Emergency Financial Assistance)
 - Rent (Demand for possession or Eviction Notice)
 - Consumers Energy (Utilities shutoff notice)
 - Other (medication, moving expenses, etc.)

Tom explained that DHS caseworkers have 250 or more clients, which causes clients to become numbers. We don't have enough mental health care in our community according to Tom, and those we do have are overwhelmed. He referred to a time when his depression caused him to become so angry, he was suicidal and homicidal. Caregiving Network deals with clients suffering with mental illness and Tom can empathize. However, he explained that programs are by appointment only and there are limits: 1) They don't want clients to get dependent on them. "Use us, don't abuse us." 2) They work with other agencies to coordinate resources and meet needs. 3) Food pantry access is limited to 5 times a year (5 weeks of food). 4) Clients' income and expenses are analyzed and staff help them learn how to better live within their limited means.

Tom thanked Zonta members for donating personal hygiene and cleaning items to the Caregiving Network. He explained that the Bridge card allows purchase of food items only and there's a great need for personal hygiene and cleaning items to help people maintain their dignity. The Service Committee also allocated a monetary donation that directly impacts the services provided by Caregiving Network. If anyone has donations of clothing, bedding, kitchen



supplies, or the like, they can be dropped off between 9:30 and 2:30 each weekday.

In closing, Tom invited Zonta members to visit the facility they have downtown. "Come on by, we'll treat you like Jesus, and give you the best cup of coffee in town."

Programs of Caregiving Network

CARE PANTRY

The Care Pantry provides families and individuals with food, clothing, personal care items, diapers, and household essentials like towels, bedding, kitchenware, and small appliances.

Food items and used clothing donations are accepted and appreciated in order to maintain a well-stocked pantry.

CARE FUND

The Care Fund offers financial assistance to qualifying clients who are living through an emergency financial situation.

Financial assistance may be provided for paying rent, utilities, and heating bills. The Care Fund also provides clients with gas cards for fuel needed to get to medical appointments.

COMMUNITY CONNECTIONS

Caregiving Network works cooperatively with other local assistance agencies and churches to meet the needs of clients.

Our staff and volunteers help clients connect with the appropriate agencies and government programs which have resources to assist with their needs.



JANUARY 2013

New Members Inducted and Highlighted (continued)



Susan Hammer is the Director of Human Resources and a member of the Leadership Team at Bolger + Battle, Inc., a marketing and communications firm in Midland. Susan's responsibilities include recruiting, hiring and training new staff, as well as developing the systems and processes within the organization. Prior to joining Bolger + Battle she worked in the financial industry for over 15 years, most recently with Dijak Wealth Management Group of Raymond James. Susan has been a driving force in establishing Heart + Soles, a new nonprofit in Midland. The mission is to supply at risk elementary schools in the tri-city area with much needed clothing, food, and school supplies. Susan is a Dow High Boy's Varsity Soccer Parent and a Dow High Booster Club Representative.



Carol Arnosky is the owner of Scrapbooks Galore & More in Bell Plaza, Midland. She is married to Steve and they have three children, all of whom (she is proud to note) graduated from wonderful Midland public schools and Michigan universities.

Carol enjoys having a Local Scrapbook Store where ladies can have fun with their friends while preserving family memories, making cards, or just hanging out! And as they say.. Scrapbooking is cheaper than therapy!



Jennifer Parks was born in Midland, MI and raised in Iowa. In 2001, she returned to the Great Lakes Bay Region where she attended Delta College and Saginaw Valley State University. In 2008, Jennifer was hired as the Development Director for the American Red Cross Midland/Gladwin Chapter. In July 2011, Jennifer became the Executive Director of Midland County Habitat for Humanity. Jennifer serves as Chair of the 2013 Leadership Midland Steering Committee and has served on the Kid's Day at the Mall committee for the past five years. As a board member of the American Business Women's Association (ABWA) for the past four years, Jennifer was elected Woman of the Year for 2012.



Kathy Swarthout's career in insurance has lasted over 20 years. She now works at Bailey Insurance where she is the Personal Lines manager as well as a producer for personal and commercial insurance. Kathy lived and worked in Midland most of her life. She graduated from Ferris State University and also from Central Michigan University with a degree in business. She and her husband, Wade, have 6 children and 2 grandchildren, with whom they love to spend most of their free time. Kathy has been involved in many different clubs and organizations throughout her career and has served at many different levels.



Patti Tuma just retired from her second career as Assistant GM of Business Operations for the Great Lakes Loons. In that capacity, she also worked with the fundraising arm of the Michigan Baseball Foundation as the Programs and Fund Development Director where she oversaw the yearly grant cycle. Prior to the Loons, Patti taught business education at Midland Public Schools. Some of her many community service hours are spent on boards of the Arnold Center and the Association of Fundraising Professionals. She's a member of the Technology Advisory Committee of the Bay Arenac Career Center and Distributive Education Advisory Committee of Midland Public Schools.



Janine is the Executive Director at Shelterhouse. A native of Midland County, she worked in the business sector for 15 years before turning to the non-profit community in 1997. She was the CEO for Family and Children's Services of Mid-Michigan for six years. Janine is a Licensed Master's Social Worker (LMSW), a member of the Academy of Certified Social Workers (ACSW), and a member of the National Association of Social Workers (NASW). She is a graduate of Leadership Midland and the Great Lakes Bay Regional Leadership Institute. Janine is married to Paul, has two children and five grandchildren. It was her privilege to be a Midland County Court foster parent to teenage girls for 16 years, accepting over 100 placements during that time.

Congratulations Melissa Barnard!



Melissa is the recipient of the 2013 YWCA of the Great Lakes Bay Region's Women of Achievement award in education. The YWCA recognizes leaders who have made outstanding contributions in the areas of business, community leadership, education, healthcare, entrepreneurship or as a young woman leader.

On February 6 at 5:30, there will be cocktails and dinner at the Horizon's Conference Center in Saginaw honoring the recipients. Tickets are available online from ywcaglbr.org or by calling 989 894-9055.

The YWCA's tagline is "eliminating racism, empowering women." Their mission is "the economic advancement of women in the Great Lakes Bay Region," which dovetails nicely with Zonta's mission. According to their website, they have a new "Women's Resource Center that includes a full technology center and provides education, resume development, job searches, computer literacy skills, legal assistance referrals, financial

literacy and other support services to assist women in becoming economically self-sufficient."

Well done, Melissa!

World's Greatest Dessert Party—February 12



Fur Furor Ramps up for Auction



With temps in the low teens a lovely fur jacket, wrap, or muff sure comes in handy. Where could you get one, you might ask? **The Zonta Auction, of course!** Pictured here are three fur pieces that have already come in for the April 16th event.

The Ways & Means Committee is counting on Zonta members to comb through closets and cupboards searching for items to donate to the auction. Baskets, decorative trays and containers are also sought to create that perfect presentation for guests to bid on.

Please bring your treasures to the upcoming meetings where Sandy Weimer's car will be parked right by the entrance just waiting for you to drop off something spectacular!



Kiwanis / Zonta Dinner Dance



The Kiwassee Kiwanis/Zonta Club Dinner Dance will take place on Friday, April 5 at 6:00 pm at the Midland Country Club. The evening includes a buffet dinner and a ballroom lesson taught by professional dance instructor, Angela Markle. After the lesson, dancing will follow.

The cost is \$50 per person and is limited to 80 tickets. Guests are welcome to attend, so you can come and bring your friends. If you are interested in attending, please contact Sharon Mortensen (839-9084) or Lisa Hulbert (638-2475).

You will need to submit a check to Zonta Club of Midland after registering with Sharon or Lisa. Profits from the evening are split between Kiwanis and Zonta, proportionate to the number attending from each group. Last year's event was a fun evening, so please consider attending this year.

ZINGS Are Popping Up All Over



ZING = Zonta Informal Network Gathering

ZING = Special events with friends

ZING = New experiences

ZING = Getting to know new people

ZING = Building relationships

ZING = Strengthening club bonds

ZING = FUN!

Wednesday, February 20 6:00—7:00pm

Join us for a light dinner and make and take home a meal for 2 at the Menu Manager

What are we making?: Chicken Pot Pie for 2 What are we eating?: Soup & Half Sandwich

Cost: \$15 per person

Additional take-home meals are available for purchase from the freezer (Zonta members receive a discount on meals on this evening only)

RSVPs required for this event
Please reply to Lori McCracken at Imccracken@mymcc.org by Feb. 14.
Or call 923-1946



Zonta ZING February 6th

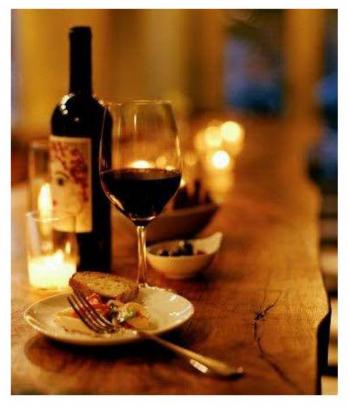
The Menu Manager
4983 Eastman Ave.
Midland, Michigan 48640
(989) 835-FOOD (3663) - info@themenumanger.net

Dinner at BIG E's at 5:00p.m. Matches start at 7:00p.m. \$15 RSVP by 1/22/13 Lisa Hulbert - lhulbert@dow.com or call 513-6350

We will try to get seats together depending on the number of people that will be attending



Mano Munch.



2013 Inter-City Dinner hosted by: The Zonta Club of Saginaw

Tuesday, February 19th Horizon's Center 6200 State St. Saginaw

Cocktails will be available at 5:30pm (Cash Bar) and Dinner will be served at 6:15pm

Dinner cost is \$34** per person and meal choices are as follows:

Braised Beef Jardinière with Cabernet Mushroom Sauce

Breast of Chicken with Pecan and Coconut Crust finished with Honey Maple Cream

Roasted Butternut Squash Ravioli with Lemon Sage Butter and Toasted Walnuts

Our special guests for the evening will be Lisa Grills, Executive Director of the YWCA Great Lakes Bay Region and Ann Coburn-Collins, Coordinator and Instructor of the Gender Studies Minor at SVSU who will present a report on the Economic Status of Women in the Great Lakes Bay Region.

RSVP to attend this event to Harriet Stopyak, no later than February 8th Email: attendancechair@zontaclubofmidland.org
Please be sure to indicate your dinner selection when you RSVP
"Zonta Club of Midland will cover \$22 of the meal cost,
members are responsible for the additional \$12.
Please make the \$12 check payable to Zonta Club of Midland
& give to Cari Francis no later than February 8th.

Zonta Club of Midland

Business Meeting Minutes - Proposed

Tuesday, January 8, 2013

The meeting was called to order at 12:07 p.m. by Zonta President, Diane Moomey. The meeting began with the Zonta blessing and introductions.

Secretary's Report. **Rhonda Anderson.** Approved November meeting minutes. Moved by Sue Moody, supported by Harriet Stopyak.

Treasurer's Report. Lynda Putt. In Lynda's absence Diane reviewed budget. Approved treasure's report. Moved by Cathy Budd, supported by Linda Malekadeli.

New Member Induction – 10 new members were inducted. January 14th, is the new member orientation, at Nancy Barker's home at 5:30, 209 Revere.

Carol Arnosky, Scrapbooks and More, sponsored by Casey Malek

Denise Avery, Wolverine Bank, sponsored by Elizabeth Lumbert

Susan Hammer, Bolger and Battle, sponsored by Lisa Hulbert

Jenny Kendrick, Community Volunteer, sponsored by Diane Moomey

KCarla Oldenberg, Yeo and Yeo, sponsored by Sharon Mortensen

Janine Ouderkirk, Shelterhouse, sponsored by Ann Beck

Jennifer Parks, Midland County Habitat for Humanity, sponsored by Karla Oldenberg

Kathy Swarthout, Bailey Insurance, sponsored by Sue Moody

Patti Tuma, recently retired from Loons, sponsored by Nan Blasy

Penny Yost, Remax of Midland, sponsored by Lisa Hulbert

Maria Cohoon shared on February 12 Zonta members will be working at the Literacy Council event. She is looking for volunteers for one hour shifts 6 to 8. The event is at the Midland Country Club.

ARR. Lisa Hulbert. Committee reviewed results of survey and the top pick was cooking, drinking and eating. More to come. For new members a Zing is Zonta Informal Network Gathering – get together to do fund things.

Archives. Esther Seaver No report

Attendance. Harriet Stopyak. No report If you have dietary needs e-mail Harriet. Harriet must provide MCC with count by noon on Friday so 11:00 a.m. deadline is important.

Bylaws. Cathy Budd. No report.

Fellowship/Awards. Lisa Miner. No report.

Finance/Fundraising. Cathy Budd. No report.

Homewalk. Sue Moody & Ann Beck. Formal presentation at afterglow. Ticket sales almost exactly the same as 2011,

JANUARY 2013

sponsorships collected a bit more than last year. Elizabeth Lumbert has agreed to co-chair Homewalk with Ann Beck for 2013. Thanks to everyone for another great year.

Intercity/United Nations. Cari Francis. Reminder the dinner is February 19 at 5:30 pm at the Horizon's Center in Saginaw. More info to come.

.Organization, Membership & Classification. Sharon Mortensen. No report.

Parliamentarian. Esther Seaver No report.

Ad Hoc – Golden Z Club. Cynthia Chilcote. Asked the membership to approve the formation of a Golden Z club. This is an affiliate level club at the college level. We are interested in partnering with NU to start this club. Great opportunity for NU, our club, and the community to increase service. Additional information in December newsletter.

Board has approved this as a standing committee on the board. Motion from committee to membership for Golden Z be standing committee and to form a Golden Z club with NU. Approved.

Nominating/Immediate Past President. Cynthia Chilcote. We will be looking for new board members and committee leaders for 2013. If you would like to serve Zonta at a higher level let Cynthia know and she provide you with additional information.

Public Relations/Communications. Debbie Stephens. Committee is meeting tomorrow and they are looking for new members.

Service/Legislation & Advocacy. Michelle Atwell. At our dinner meeting this month Tom VanderZouwen from Caregiving Network will speak. Asking members to bring hygiene items for their pantry – only non-food items- soap, toothbrushes, shampoo, etc.

Ways & Means. Colette St. Louis Auction on April 16th, still soliciting items. Goal is to raise \$5,000 this year. They appreciate your re-gifted items. We have clings for sale for \$5.00 or 2 or more \$4.00 each.

UNFINISHED BUSINESS

NEW BUSINESS

50/50 – \$19 was won by Tammy Swinson

Reception for newly chartered Zonta Club of Ann Arbor, Saturday, January 19, 10:00 am to noon. RSVPs due by January 12. Sandy Wiemer is planning to attend so contact her if you want to car pool.

This is the second year we are partnering with Kiwanis for the dinner dance on April 5 at MCC. Non -Zonta members are welcome.

DOLLAR ANNOUNCEMENTS

- Time for the 25th Dow Corning Tennis Classic February 3rd through the 10th. <u>www.dowcorning tennisclassic.com</u> Opportunities for attendance and volunteer.
- Saturday, January 19th kids day at the Midland Mall Great family day.
- January is the month we start thinking about fitness, Nan is teaching at Reaction Fitness, strip mall at Washington Street (behind fire station). If you are interested in aerobics Monday and Wednesday for one hour from 6:00 to 7:00.

The meeting was adjourned at 12:56.

Respectfully submitted,

Rhonda Anderson, Corresponding Secretary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3		5 11:30 am Business Mtg Budget Presentation	6	7	8	9
10		12 world's greatest dessert party	13	14	15	16
17	18 Jill VanderZouwen	19 5:30PM INTERCITY DINNER		21 7:15am Board Meeting MACF	22	23
24		26 Tammy Swin- son	27	28		

MARCH 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Nan Blasy		5 11:30 am Business Mtg Cindy Vickery	6	7	8	9 Jill VanBuskirk
10	11 Jennifer Parks	12	13 Ann Beck	14 Jenny Kendrick	15	16
17	18	19 5:30 pm Social Meeting	20	21 7:15am Board Meeting MACF	22 Mary Hart Patti Tuma	23
24 / 31	25 Diane Moomey		27 Melissa Grzegor- czyk, Linda Lan- grill	28	29	30



APRIL 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 11:30 am Business Mtg— Elect Officers	3	4 Denise Avery	5	6
7	8 Elizabeth Lum- bert, Casey Mallek	9	10 Sharon Miller	11	12	13
14	15	16 5:30 pm Auction!	17	18 7:15 am Board Meeting @ MACF	19	20
21	22	23	24	25	26	27
28	29 Penny Yost	30				